

2019 GYNECOLOGIC SURVIVORSHIP CONFERENCE
THRIVING THROUGH EDUCATION AND CONNECTION

MORNING SESSION

- 8:00am – General Session Conference Welcome
- 8:10am – Starting with a story, Janice Paulshock, cancer survivor, and Jeff Gum, caregiver
- 8:45am – Mastering Menopause, Wen Shen, MD, Johns Hopkins University School of Medicine
- 9:10am – Making Survivorship Count!, Tamika Felder, Founder of Cervivor
- 9:35am – Mistletoe and Vitamin C: Promises and Challenges, Channing Judith Paller, MD, Johns Hopkins University School of Medicine
- 9:55am – Break

BREAKOUT SESSIONS

Session 1: 10:15am to 11:00am

- Breakout 1 Finding Hidden Courage through Meditation, Liz Jamieson-Dunne, RScP, Master Practitioner NLP
- Breakout 2 Spirituality and the Cancer Experience, Reverend Tamekia Milton, MDiv
- Breakout 3 Art Therapy, Diana Ulman, The Ulman Foundation
- Breakout 4 Pelvic Floor Health, Barbara Zabriskie, PT, Physical Therapy Partners
- Breakout 5 Keeping healthy following cancer: insights from a primary care physician, Youngjee Choi, MD, Johns Hopkins University School of Medicine
- Breakout 6 Neuropathy due to Chemo – uncomfortably numb, Tom Smith, MD, Johns Hopkins University School of Medicine
- Breakout 7 For our Men: a session for male caregivers, Brotherhood of Caring Amy Brown, MSN, MA, RN, OCN

Session 2: 11:10am to 11:55 am

- Breakout 1 Chair Yoga, Laurie Thorner, MSW
- Breakout 2 Fighting Financial Toxicity, Ari Waitkavicz, UBS
- Breakout 3 Art Therapy, Diana Ulman, The Ulman Foundation
- Breakout 4 Lymphedema, Laura Flynn, PT, CLT, Physical Therapy Partners
- Breakout 5 Genetics of Gynecologic Cancers, Kala Visvanathan, MD, Johns Hopkins University School of Medicine
- Breakout 6 Healthy eating: Nutrition for the Cancer Survivor, Mary-Eve Brown, RD, LDN, CSO
- Breakout 7 Caring for the Caregiver, Susan Glore, LSW-C, Hopewell Cancer Support

Session 3: 12:05pm to 12:45pm

- Breakout 1 Ovarian, Fallopian tube and Primary Peritoneal Cancers, Stephanie Gaillard, MD, PhD, Johns Hopkins School of Medicine and Jeffrey Lin, MD, Sibley Memorial Hospital
- Breakout 2 Uterine/Endometrial Cancers, Dr. Rebecca Stone, MD, Johns Hopkins University School of Medicine
- Breakout 3 Cervix, vulvar, and vaginal cancers, Dr. Anna Beavis, MD, Johns Hopkins University School of Medicine
- Breakout 4 Rare tumors, Dr. Amanda Nickles Fader, MD, Johns Hopkins University School of Medicine
- Breakout 5 Writing through Cancer, Kristinna Abalos, MEd, Northern VA Community College Associate Professor & PWCS High School English Teacher
- Breakout 6 Fitness: increasing physical strength after cancer, Stephen Bonwit, R.N., A.C.A.C.
- Breakout 7 Learn about the OCRA Woman to Woman Program, Nancy Farruggia, R.N.

LUNCH: 12:30 PM - 1:45 PM

AFTERNOON SESSION

- 2:00pm – Introduction
- 2:05pm – Clinical trials 101, Stephanie Gaillard, MD, PhD, Johns Hopkins University School of Medicine
- 2:25pm – Hope for the Future: immunotherapies, Cornelia Trimble, MD, Johns Hopkins University School of Medicine
- 2:50pm – PapGene and CancerSEEK: the next frontier in cancer screening, Amanda Nickles Fader, MD, Johns Hopkins University School of Medicine
- 3:15pm – Awards and Recognitions
- 3:25pm – Survivorship Panel
- Hear from 5 gynecologic cancer survivors of all ages and disease sites discuss their experience and answer audience questions.
- 4:15pm – Wrap up and raffle